

## THE NEWSLETTER OF SIGHT & SOUND SECURITY

### UK TERRORISM THREAT LEVELS

#### INTERNATIONAL in the UK

**SEVERE**  
AN ATTACK IS HIGHLY LIKELY

For more information please see:  
<http://www.mi5.gov.uk>

#### NORTHERN IRISH RELATED in Britain

**SUBSTANTIAL**  
STRONG POSSIBILITY OF AN ATTACK



### EXTRA MILE RECOGNITION AWARDS

#### Officer of the Month is awarded to Supervisor Michael Hogben.

Mike has worked for the Company for over 3 years and wins the award for being the 'lynch-pin' of security operations in the Mobile Response Team. He shows enthusiasm and dedication to his role and has recently successfully implemented a number of new processes to improve the service we deliver. Mike has gained the respect and gratitude of his management team.

#### This month the 2<sup>nd</sup> and 3<sup>rd</sup> prize is a joint award for Gareth Goldsmith and Kwadwo Adjei-Preko.

Both work at the same site, which is a complex and extremely busy site that has a diverse range of security challenges, including dealing with illegal immigrants found in lorries. Both are regarded very highly by the Client, so well done to both.



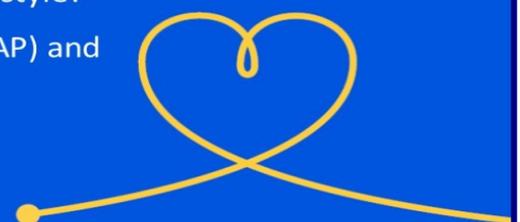
**COMING SOON - a free scheme for all staff, that provides HUGE discounts and cash-back on thousands of brands. This will include up to 55% off full price cinema tickets, free phone and gadget insurance and savings on local gym memberships all over the country!**

Looking for support with issues related to your emotional, mental, financial or physical well-being?

Have questions about handling stress at work and home, parenting and child care, managing your money, or living a healthy lifestyle?

LifeWorks is a confidential Employee Assistance Program (EAP) and well-being platform you can count on for support, 24/7.

Stay tuned for more information



## SECURITY NEWS

### SIA Licence Fee reduced

From **1 October**, individual licences for all sectors will be reduced from £220 to £210. The reduction applies to both new applicants and those renewing existing licences.

### CASE STUDY – A fatal restraint

We know that the majority of Security Officers do a good job, often in the most demanding circumstances. However, Security Officers must remember to look for every opportunity to de-escalate conflict situations - even when under pressure, such as when dealing with abusive customers. Physical intervention should only be used as a last resort. All staff involved in an incident requiring physical intervention have a responsibility to keep everyone safe. SIA physical intervention training is very clear about avoiding high risk methods of restraint, such as neck and other holds, particularly on the ground, that can adversely affect breathing or circulation. Despite this, incidents still take place in which people are seriously injured or even killed. Nobody goes to work with the intention of killing someone. However, unsafe restraint techniques could result in a security operative being responsible for a death or injury that could have a life-changing impact not just on the victim but on the perpetrator themselves, their family, and their friends.

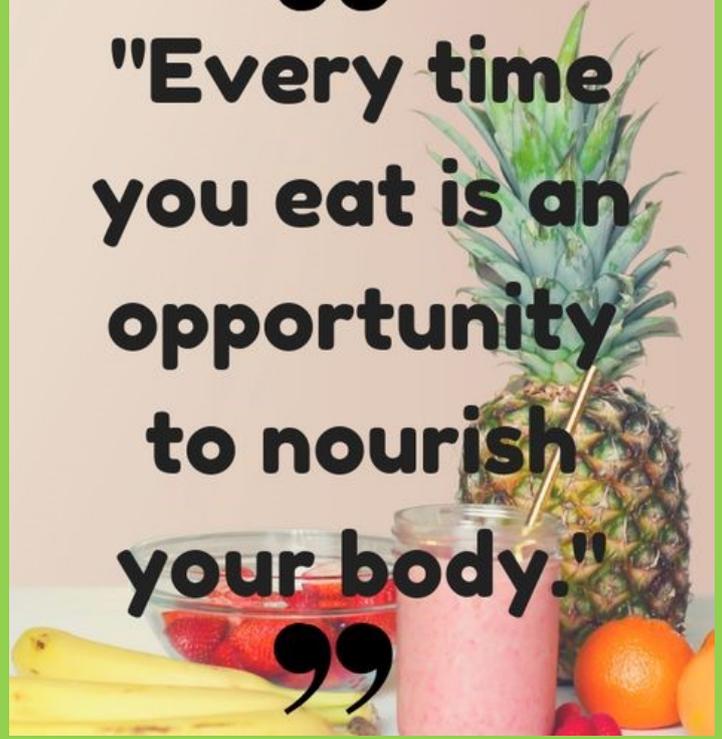


## HEALTH & WELL-BEING

There's a proven relationship between food and your state of mind.

When you combine strategies for eating regularly with foods that may have a positive effect on your well-being, you can plan meals that may help you to feel better. You can also avoid foods that may make you feel worse. Now that's something to be happy about!

“  
Every time  
you eat is an  
opportunity  
to nourish  
your body.”



## SAFETY FOCUS

These regulations provide the legal means to require employers to provide safety signs in a variety of situations where there is a significant risk to health and safety which has not been avoided or controlled satisfactorily by other methods.

### Know your safety signs



**Prohibition signs (Do not do)**  
Signs prohibiting certain behaviour  
e.g. No Smoking



**Warning signs (Caution, Danger)**  
Signs which indicate a specific course of action is to be followed  
e.g. Danger high voltage



**Mandatory signs (You must do)**  
Signs which indicate a specific course of action is to be followed  
e.g. Safety helmets must be worn



**Safe Condition Signs (Safest way)**  
Signs giving information about safe conditions, doors, exits and escape routes  
e.g. Fire exits



**Fire signs (Fire fighting equipment)**  
Signs indicating the location of fire fighting equipment  
e.g. Fire point

## LONG SERVICE AWARDS

Long service awards thank employees for their loyalty and sustained contribution to the Company and the Industry. Congratulations to **Daniel Crosbie, Deb Rai, Francis Akuamoah-Boateng & Ganga Rai!**



## ENVIRONMENTAL AWARENESS



**50%**  
OF ALL THE  
PLANETS  
WILDLIFE  
HAS BEEN  
KILLED OFF  
BY US  
IN THE LAST  
45 YEARS.

**WE ARE THE CAUSE OF WHAT SCIENTISTS ARE CALLING THE SIXTH EXTINCTION...**